

Heart to Heart

*Bringing our hearts to Him,
Receiving His Heart for us!*

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Escape from Hell](#)**

This is the story that should never have happened. Now it is a story that has to be told!

Upcoming Seminars

[Freedom Weekend](#)
January 20-22

[Freedom Week](#)
February 6-10

[Freedom Weekend](#)
February 17-19

Video Shorts

[Stress Effects](#)

What emotional stress does to your body.

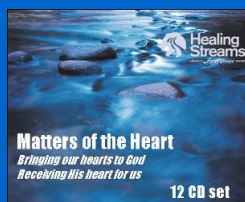
[Holes in the Heart](#)

A life lesson learned on a Honduran road.

[A Warrior's Heart](#)

Joyce fought Lupus and abuse and won.

Resources



[Matters of the Heart](#)
170 page Workbook
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Dear ,

Lots of thoughts in this issue about healing and how to walk with increasing victories into a deeper flow of peace. Enjoy!

Three Paths to Healing

Look at what God is doing! See our part...

Are you aware that there are three pathways to healing? Although they are quite different, they share at least one very interesting characteristic--I will get to that in a moment. First let's delineate the three: for years we have believed that if we pray to God and go to the doctors then we are doing all we can. But modern medical science has conclusively shown us that as many as 80% of our diseases are coming from emotional stress (see [The Emotional Roots to Disease](#)). That gives us three God given ways of mending us:

1. Doctors and medicine. God gives us both the Lukes (aka the "beloved physician" of Colossian 4:14) and the balms in Gilead. Clearly he wants to heal us through doctors and medicine and at times that's all that is needed. But the Bible consistently takes the position that the spiritual relationship of the sufferer is far more important to the outcome than simply tending to the body alone. You hear it in the way the Lord is calling His people to repentance in these two passages from Jeremiah: since the usual way of seeking healing isn't working, shouldn't you be seeking the Great Physician?

Is there no balm in Gilead, Is there no physician there? Why then is there no recovery for the health of the daughter of my people? Jeremiah 8:22

"For thus says the Lord: 'Your affliction is incurable, your wound is severe. There is no one to plead your cause, that you may be bound up; You have no healing medicines.' Jeremiah 30:12-13

2. Seeking God through prayer. This is the direct route and the New Testament is filled with examples of how powerfully this is meant to work. There are 17 times when Jesus healed every sufferer that was present and many other times when it was only one or two. There is no recorded case of anyone not being healed by Jesus who sought Him for it. Amazing. That should tell us right there that God wants to heal everyone directly by prayer. Although we are not seeing this happening in America, I saw something very close to this Biblical standard flowing like a river of healing in two weeks of ministry in Brazil: 5000 of the 20,000 total who came to our events reported significant healing and not everyone who came of course needed or asked for prayer. I love this way! Even so there is a third pathway grace has opened for us.

3. Bringing our hearts to God. Since (according to mountains of scientific evidence) most of our diseases are rooted in emotional stress this means that if we could deal effectively with the root issues of our emotional life, our bodies would recover health. This is exactly what happens! This "third path" to healing is our focal point for transformation at Healing Streams, because in

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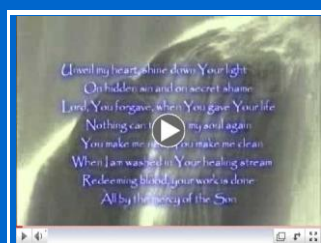
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Featured Video



Mercy of the Son with
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dealing successfully with our emotional issues, we are set free to love and serve the Lord in daily life. **That is a win-win.** Here are two scriptures that demonstrate the superior health that comes to those whose emotional life is filled with a vibrant faith:

Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths. Do not be wise in your own eyes; fear the Lord and depart from evil. It will be health to your flesh and strength to your bones. Proverbs 3:5-8

A merry heart does good, like medicine, but a broken spirit dries the bones. Proverbs 17:22

Those are some of the differences, but what about the extraordinary similarity? **The pivotal role is the one we play.** Under the New Covenant it is evident that God wants to heal everyone and that he has provided healing for us as part of our inheritance from the atonement through Jesus death, burial and resurrection (see Isaiah 53:5; Psalm 103:2-3; 1 Peter 2:24). If you don't believe this why go to a doctor? That would be rebelling against God--unless God wants you well. But just suppose that it is true, that God really does want to heal everyone that comes to Him (just as He displayed for us through Jesus). Then that means that **the problem is one of our ignorance** which is where He squarely places it (Isaiah 5:13; Hosea 4:6). Consider how this applies to these three paths as body, soul and spirit:

1. Body: going to doctors and medicine using physical remedies to treat the body. No one in these fields would throw in the towel and say, "That must be a disease that God doesn't want to heal." Everyone recognizes the present limits to our understanding and skills versus the immense complexities of the human body. We spend billions on research because we believe the body can always be healed--**if sufficient knowledge can be gained.**

2. Soul: bringing our hearts to God using emotional restoration to mend the body from the effects of stress. We are just at the beginning stage of this one! I have seen awesome physical healings come as the result of deep emotional healing. And yet the healing of the heart is a very complicated matter. There is so much that we don't know about why some people stay stuck in deeply ingrained emotional damage. Does that stop us from trying or make us want to say, "Well, it must be that God doesn't want to heal these wounds." Not at all. We bow before the mystery, confess our own ignorance and keep pressing in! **We never doubt that God would want to heal the soul.**

3. Spirit: coming directly to God through prayer that provides healing to the body through spiritual power alone. Why is it that when we pray and the desired results don't come, we blame God by saying He chose not to heal? Wouldn't it make far more sense to confess that it is we who are ignorant about how His kingdom power operates--and **keep pressing in** to actually learn how to pray effectively in this area--just as we would in the other two?

I have recently read through Andy Wommack's **God Wants You Well** and it has finally made me a believer! Go get it--you will be fascinated to learn the Kingdom principles at work. I see our part and with sight always comes growth. It requires accepting greater responsibility for failure and admitting personal ignorance, but if the problem is really one of our ignorance, that leaves **plenty of room for growth.** That's exciting!

All scriptures are from the NKJVTM unless otherwise noted.

A.C.T. (Act)!

This gets fast action

Every fresh challenge or temptation presents us with an opportunity to grow spiritually **into Christ** or to fall back in reliance **upon self**. Remembering this, recognizing the opportunity and taking advantage of it, means that we need some **principle of simplicity** to ingrain the new ways.

Here is an example of a typical episode:

The peace of Christ is given to you as you surrender, trust and follow Jesus. So now you are:

Flowing in the river of peace

Flowing in the river of peace

Flowing in the river of peace

But wait: a challenge just came to the flow! INTERRUPTION OF PEACE!
ALERT! BATTLE STATIONS!

Something has come up in you or come down on you so that your peace is gone. You either have to deal with it or you will run from it; fight your way through it, or fight down something in you that wants to throw your Christian attitude overboard. But you don't feel confident about your ability to handle it. What are you going to do? Don't be passive! You are under attack:

A.C.T.(Act)! gets fast ACTION!

A. Admit

Admit right up front that you cannot handle it. That's why you feel weak and want to run, or scared and want to lash out. By yourself alone you are powerless to get the victories you need. The devil knows it. God knows it. So admit it--you REALLY do need God to be helping you RIGHT NOW, with this situation, with your feelings, with your attitudes and desires. Admit to yourself that you can't fix the problem, you certainly can't fix you, but **Jesus can fix both!**

C. Call

Call on Him! What are you waiting for? ALL who call on the Name of the Lord WILL BE SAVED. So start praying like your life depends upon it! Call for help, confess your need, come clean about your sin, cast that care on Him (got a "c" thing going on this one). You need His help right now, so ask, seek and knock. He wants to help you. He is eager to help you. But you have to ask Him in--it is a free will issue. Has your sense of failure or moral weakness got you feeling condemned, unworthy? **Don't hold back.** Go BOLDLY to His throne of grace anyway! That's exactly what He wants you to do--to get the mercy you need and His grace to help in this time of need.

T. Trust

Trust yourself to God by grabbing hold of some life saving promise that offers you help and hope for this situation. Hold on tight to the Truth of the Promise. All kinds of good things are promised to you but you have to learn how to hold on to the Truth of the Promises when you are under attack. You are separated from His peace and from seeing the way through--that's why you have to learn to live in the meantime by relying on His Promises. Grab one of these: "I will never leave you or forsake you," "No weapon formed against you will prosper." Put it in first person: "All things are being made to work for my good," "Not even this can separate me from the Perfect Love of God." Bet your life on it! **Our new life is lived out in this Land of Promises!**

Act (put it all together)

Don't be passive--this is war. Obey whatever it is that you honestly believe the Lord wants you to do. Sometimes it is just "BE STILL and wait." At other times it may be "deny yourself and take up this cross (do the very thing you don't want to do), so that you can keep following Me." At other times it may be something totally easy or unexpected that the Spirit will show you. Stay open but **be ready to act as soon as that idea takes shape.** Learning to obey Jesus is the new way of life that leads to fullness of joy. Step out in His direction!

! (rejoice)

Begin thanking Him even before you see **HIS action** coming your way. Thank Him that His promises are True. Thank Him that He is teaching you to trust His Promises. Thank Him that you can come so quickly to His throne of grace, that He reminded you to call on His Name and helped you to do it. Thank Him and praise Him that what the enemy meant to disconnect you from Him and His peace, God is now using (through **your ACTIONS**) to reconnect you.

Peace is restored! The peace of Christ is given to you as you surrender, trust and follow Jesus. Once again you are:

Flowing in the river of peace

Flowing in the river of peace

Flowing in the river of peace

But wait: a challenge just came up! Here we go again...

From We to Thee

Rebuke that pain!

We are practicing a strategy that I learned first from an Episcopal priest on the west coast, Mike Flynn with Fresh Wind Ministries. I visited Mike on Labor Day weekend in 2005 to take notes on how to launch a healing ministry.



One of the things he passed on was the value of rebuking any and every fresh pain or physical problem as soon as it shows up. Don't allow it any excuse (ie. scientific or medical reason) for why it has to be there. Treat it entirely like an attack or encroachment from the enemy and vigorously command it to leave. Jesus said that we were to speak to the mountain and command it and also that He has given us authority over all the power of the enemy. So fire away!

There is no formula for this, but I tell people often it is like issuing a command to a dog--the dog knows when you don't really mean it, but by the same token, if the dog hears the "this is it!" tone in your voice, it will obey you. We will say things like: "Ankle pain, I command you to leave right now in Jesus Name. Spirit of infirmity go now, in the Name of Jesus. The blood of Jesus is against you. Father, release your healing--Kingdom come! Body receive healing *now* in Jesus Name."

Like I said, these are just examples of how to exercise authority over your body and over the situation. Read through the New Testament scriptures: almost no one got healed by a prayer of petition addressed to God (in heaven). Jesus (our model) and the disciples all commanded healing and

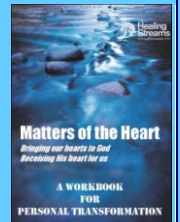
commanded the spirits (down here).

We aren't seeing total victory every time, but we are gaining on it. Usually we see at least a partial victory. Yesterday a man's neck was released from being unable to rotate to the left. This is great fun--you've got to try it!

Steve and Eunice

Truths with Traction!

A lifetime of learning has gone into the workbook that forms the basis of what we teach. Steve likes to say that these truths have been field tested! They are "**truths with traction**," guaranteed to get your emotional life unstuck from those pesky stronghold areas that the enemy loves to bring our walk to a halt with.



All it takes is a small investment your time and treasure to have so many secrets of the heart opened to your understanding. In our seminars it is a constant thrill to see "**the lights go on**" for the students. Now you can have the seminar experience in the comfort of your own home! How can you resist?

Our Price: \$17.50

Available as a download: \$5.00

Healings Streams is a Christian ministry dedicated to helping people find peace and freedom from troubling issues of the emotional life. Such deep roots often become the source for a host of stress related diseases, psychological disorders and addictions. Even so, our goal for people is not just escape from emotional stress and its consequences, but full entry into true Kingdom living--plunging into the river of Peace that flows all around us from the throne of Grace.

Let's all jump in!

Sincerely,

Steve and Eunice Evans

Healing Streams Ministry

A branch of Forerunner Ministries, Inc.